



LITMOS HEROES

There over 700 courses available and the collection has a range of categories including:

- Health and safety
- Health and wellbeing
- Diversity and Inclusion
- Communication and social Skills
- Personal Development

And many more!

The courses include reams of resources such as workbooks, video clips, infographics, and posters.

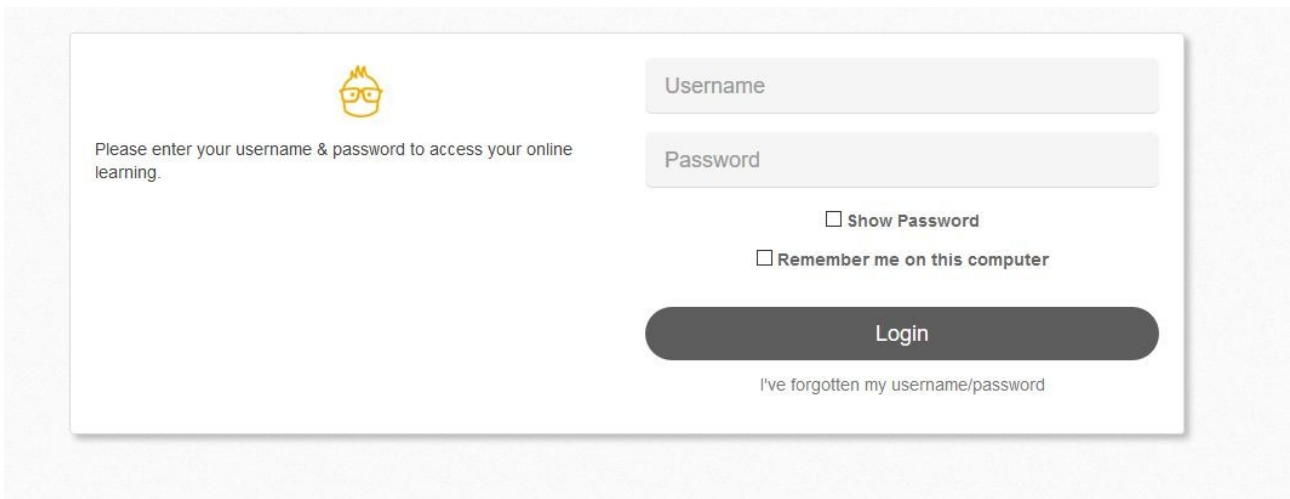
The diverse range of content gives you something unique and different and provides you with the tools you need to do your job better, and hopefully make it a bit easier too.

<https://www.learnwithunite.org/home/register-learn-with-unite/?course=34>

The screenshot shows a web browser window displaying the 'Register - Learn with Unite' form. The form is overlaid on a dark background of the website. The form fields are as follows:

- Course Title: Litmos Heroes
- First Name:
- Surname:
- Town:
- Date of Birth (DD/MM/YYYY):
- Gender:
- Ethnicity:
- Disability:
- Disability (you may provide information to help us support your learning):

The simple Login Screen



Please enter your username & password to access your online learning.

Username

Password

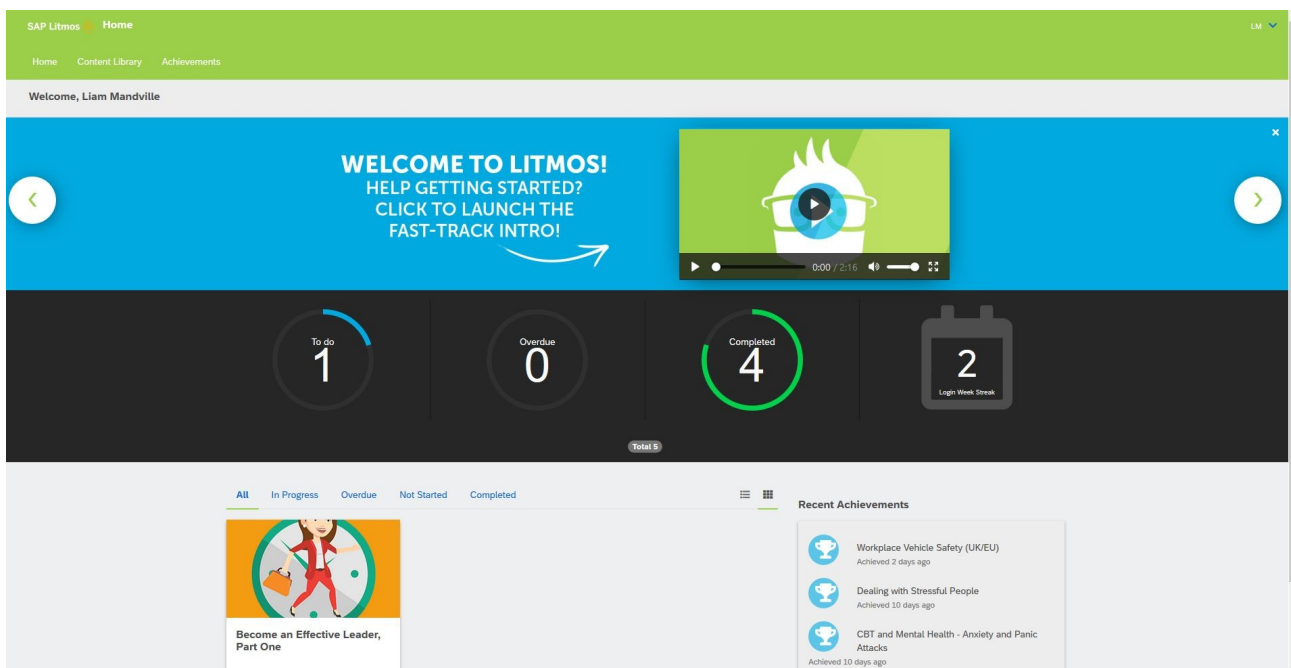
Show Password

Remember me on this computer

Login

[I've forgotten my username/password](#)

Your dashboard



SAP Litmos Home

Home Content Library Achievements

Welcome, Liam Mandville

WELCOME TO LITMOS!
HELP GETTING STARTED?
CLICK TO LAUNCH THE
FAST-TRACK INTRO!

0:00 / 2:16

To do: 1

Overdue: 0

Completed: 4

Login Week Streak: 2

Total 5

All In Progress Overdue Not Started Completed

Become an Effective Leader, Part One

Recent Achievements

- Workplace Vehicle Safety (UK/EU)
Achieved 2 days ago
- Dealing with Stressful People
Achieved 10 days ago
- CBT and Mental Health - Anxiety and Panic Attacks
Achieved 10 days ago



Select a course

The screenshot shows the SAP Litmos Content Library interface. At the top, there is a green header with 'SAP Litmos' and 'Content Library' on the left, and 'LM' on the right. Below the header, there are navigation links for 'Home', 'Content Library', and 'Achievements'. A search bar is located in the top right corner with the placeholder text 'Search for a course or learning path'. On the left side, there is a sidebar with 'Filters' and 'Topics'. The 'Filters' section includes 'View All', 'Courses', 'Learning Paths', 'Recently Viewed', and 'Favorites'. The 'Topics' section lists various categories such as '60 Second Skills', 'Bloomberg', 'Communication & Social Skills', 'Conflict Management', 'Customer Service Collection', 'Cybersecurity', 'Diversity and Inclusion', 'Finance Skills', 'Food Hygiene', 'Health & Safety Essentials', 'Health & Wellbeing', 'Human Resources', 'I.T. Skills', 'Leadership and Management', 'Marketing', 'Personal Development', 'Policy & Compliance', and 'Project Management'. The main content area is titled 'Recently viewed courses' and displays a list of six course cards. Each card features a small icon and the course title: 'Workplace Vehicle Safety (UK/EU)', 'Dealing with Stressful People', 'Become an Effective Leader, Part One', 'Texting While Walking (UK/EU)', 'CBT and Mental Health - Anxiety and Panic Attacks', and 'Mental Health Awareness (UK/EU)'.


Or search a path and topic

The screenshot shows the SAP Litmos Content Library interface with search results for the term 'publiq'. The header and navigation elements are the same as in the previous screenshot. The search bar now contains the text 'publiq'. The main content area displays a grid of 12 course cards. Each card has a title and a small icon. The titles of the courses are: 'Bloomberg Game Changers - KKR, Henry Kravis', 'Bloomberg Game Changers - Vogue, Anna Wintour', 'Business Writing Tips - Edit, Rewrite and Say It Right', 'Commitment & Consistency', 'Communicating Effectively', 'Freedom of Information (UK/EU)', 'IT Security for the Remote Worker and Business Traveller', 'Marketing Hacks - Finding Your Voice', 'Marketing Hacks - Word of Mouth Marketing', 'Presenting with Power', 'The Public Speaking Guru - Confidence Builder', and 'The Public Speaking Guru - Presenting with Impact'. The sidebar on the left remains the same, showing filters and topics.

Your achievements

SAP Litmos  Achievements LM 

[Home](#) [Content Library](#) [Achievements](#)

 **Liam Mandville**

[Achievements](#) [External Learning](#)

Workplace Vehicle Safety (UK/EU)	Achieved on 19/02/2020
Dealing with Stressful People	Achieved on 11/02/2020
CBT and Mental Health - Anxiety and Panic Attacks	Achieved on 11/02/2020
Mental Health Awareness (UK/EU)	Achieved on 18/06/2019

Computer basics -

<https://www.learnwithunite.org/home/courses/initial-assessments/online-basics/>

Collection	Course Title	Description	Duration
Using Your Computer or Device	Using a Keyboard	In this course you will learn how to use a computer keyboard to type text and numbers. The course will also show you how to use a keyboard to find your way around your computer and perform other simple tasks.	1 Hour
Using Your Computer or Device	Using a Mouse	In this course you will learn how to use and click a computer mouse. It will also will teach you how to hold a mouse and how to use it to get around your computer.	1 Hour
Using Your Computer or Device	Using a Touchscreen	In this course you will learn about how to use a touchscreen on a mobile phone or tablet computer. The course will cover basic and more advanced touchscreen controls. You will also find out about getting the most out of your touchscreen smartphone or tablet.	1 Hour
Using Your Computer or Device	Using a Computer	In this course you will learn about the basic functions of a computer and how to use one safely. You will learn how to turn a computer on and off, and how to change the settings so that it suits your needs. The course will also teach you about the different parts of a computer.	1 Hour
Online Basics	Using the Internet	In this course you will learn all about browsing the internet. The course covers using a web browser to view websites, creating bookmarks and what copyright means online.	1 Hour
Online Basics	Using Online Forms	In this course you will learn what an online form is, how to fill in forms on a website and how to correct mistakes on them. The course will also show you the different ways to complete online forms, such as text boxes and multiple choice answers.	1 Hour
Online Basics	Using E-mail	In this course you will learn all about email accounts on the internet. The course covers how to set-up an email account, as well as how to open, read and send emails safely.	1 Hour
Online Basics	Using Search Engines	In this course you will learn how to search for things on the internet using search engines such as Google. The	1 Hour

		course covers how to search for websites, using bookmarks and saving images and other files.	
Office Programs	Introduction to Office Programs	In this course you will learn about what office programs are and some of the common features they have. The course will also explain some of the differences between them, to help you choose which is best for you.	1 Hour
Office Programs	Creating Documents	In this course you will learn how to make, change and save a document, such as a CV or a poster. The course will also show you how to lay out a document, add pictures and how to print documents.	1 Hour
Office Programs	Creating Spreadsheets	In this course you will learn how to use a spreadsheet to make working with numbers easier. The course will show you how to enter text and numbers to record information and make a home budget.	1 Hour
Office Programs	Creating Presentations	In this course you will learn how to make, change and save a presentation. The course will also show you how to make a plan, add colour to your presentation and how to print it. There is also advice on how to deliver your presentation to other people.	1 Hour
More Internet Skills	Online Shopping	In this course, you will learn all about shopping online. The course covers how you can use the internet to compare prices, your rights when buying online and secure payment methods you can use when shopping online.	1 Hour
More Internet Skills	Socialising Online	In this course you will learn about different social networks such as Twitter, Pinterest and Google+. You will learn how to connect with people and share things online, what a social network can offer and what a social network looks like. This course will also show you how to stay in control of your information and stay safe.	30 Mintues
More Internet Skills	Using Facebook	In this course you will learn all about the social network Facebook. The course covers how to set-up a Facebook account, keep your account safe, create your Facebook profile, find your friends and family. The course will also show you how to post messages, pictures and updates.	30 Mintues

More Internet Skills	Using a Digital Camera	In this course you will learn about digital cameras and how they work. You will also learn how to download photos from your digital camera to your computer, so that you can share them with your friends and family.	1 Hour
More Internet Skills	Watching and Listening Online	In this course you will learn how to watch TV online and access catch-up services like BBC iPlayer and 4 on Demand. The course will also teach you how to access the radio online and use music services to listen to your songs whenever you like.	30 Mintues
More Internet Skills	Smart Internet	In this course you will learn about the different ways to connect to the internet as well as how to save money on your internet connection.	1 Hour
More Internet Skills	How to Be a Digital Champion	In this course, you will learn what it means to be a Digital Champion as a tutor or volunteer. The course covers how to inspire people in your community to use the internet, and help them to develop their digital skills.	30 Mintues
Online Safety	Keeping your Device Safe	In this course you will learn how to protect your device and the information on it. You'll learn how to keep your device safe from possible threats like viruses and how to use screen locks to stop other people using it. You also find out how to save a backup of the information on your device to the cloud and how to reset your device if you need to.	1 Hour
Online Safety	Being Safe Online	In this course you will learn how to use the internet safely. When you're using the internet, there are lots of ways of doing the things that you need to, or that interest you. It's important to do these things safely. You'll also find out how to spot scams and keep safe on social media.	1 Hour
Online Safety	Keeping Your Personal Data Safe	In this course you will learn how to keep your online information safe by making and remembering good passwords. You'll also find out how you can control who sees your personal information when using public computers and social media.	1 Hour
Improving Your Health Online	GP Services Online	In this course you will learn how to find your local GP surgery online, how to register with a GP surgery online and	1 Hour

		how to find out more information about the GP surgeries around you. The course will also show you how to apply for repeat prescriptions online and how to look up your health records.	
Improving Your Health Online	The NHS Website	In this course you will learn how to make the most of the NHS website. The course will show you how to use the website to find health advice online and find your local health services like GPs and hospitals.	1 Hour
Managing Your Money Online	Online and Mobile Banking	In this course you will learn how to do banking on the internet, using either a computer, tablet or mobile phone. The course will show you how to keep track of your money, make payments and stay safe with online banking.	1 Hour
Managing Your Money Online	Make Money Work	This course will teach you about basic money management online and how to make the most of your money. You will learn how to take several simple steps right now to make a budget and manage your loans so that you can plan for the future.	1 Hour
Public Services Online	Using Public Services Online	In this course you will learn what public services are available online. You'll learn about how use the government website (GOV.UK) and how to find local council services.	1 Hour
Public Services Online	Universal Credit: A How to Guide	In this course you will learn about Universal Credit and how to work out if you can claim. The course will also show you how to make your first claim online and tell you what information you will need to do this.	1 Hour

To get started with Online Basics you'll need to sign up to the learnmyway.com website. This means you'll have your own personal account, and each time you visit it will remember exactly where you left off. Signing up is really easy. If you're already familiar with the mouse and keyboard, you're ready to go!

To sign up for your personal learnmyway.com account and to get started with Online basics, just click <https://www.learnwithunite.org/home/register-learn-with-unite/?course=12>. **Please ensure that you use the Learnwithunite centre code 3453801.** This will allow our team to support and assist you with any problems.

Remember you do NOT have to be a Union Member to LearnwithUnite, its your right.



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the **UNION**